



# Aruba

RESTAURANT & BAR

## LUNCH MENU

Served 12 Noon - 5pm



#ArubaBmouth

[aruba-bournemouth.co.uk](http://aruba-bournemouth.co.uk)



Always Fresh  
A Fusion of all your Favourite  
Dishes in One Place

## APPETISERS

<b>Basket of Bread &amp; Oil</b>	£3.75
Extra Virgin Olive Oil & Aged Balsamic Vinegar, Rosemary & Sea Salt	
<b>Olives</b>	£3.50
Mixed Pitted Olives - Marinated in house	
<b>Toasted Pitta</b>	£4.00
Chickpea Hummus with Olive Oil & Fresh Herbs	

## STARTERS

<b>Coconut Prawns</b>	£8.00
With Oriental Salad & Reggae-Reggae Sauce	
<b>Duck Spring Rolls</b>	£8.50
With sautéed Bok Choy & Sweet Chilli Sauce	
<b>Nachos</b>	£6.00
Corn Tortillas, Cheese Sauce, Salsa, Sour Cream, Guacamole & Jalapeños	
Add Beef Chilli or Chicken Chilli £3.50 or our New Vegan Chilli & Vegan Cheese £3.50	
<b>Calamari</b>	£7.00
Salt & Pepper with Oriental Dipping Sauce	
<b>Chicken Wings</b>	
Coated in Louisiana Hot Sauce or BBQ Sauce served with Aioli	
x6 £6.00   x12 £11.00   x18 £15.50	
<b>Tempura Vegetables</b>	£6.50
With Mixed Leaf & Garlic Aioli	
<b>Satay Chicken Skewers</b>	£8.00
Stir-fried Vegetables & Satay Sauce	

## SIDES

<b>Aruba Slaw</b>	£3.50
<b>Rice &amp; Black Beans</b>	£4.00
<b>Stir Fried Vegetables</b>	£4.00
<b>Onion Rings</b>	£4.00
<b>House Salad</b>	£4.50

## SHARERS

<b>Aruba's Jerk Tacos</b>	£12.00
Soft Flour Tortillas filled with Aruba recipe Jerk Chicken, Lettuce & Red Onion. Topped with Jerk Sauce, Sour Cream, Spring Onions & Coriander	
<b>Aruba Fish Tacos</b>	£13.00
Soft Flour Tortillas filled with Haddock, Lettuce & Red Onion. Topped with Sour Cream, Spring Onions & Coriander	
<b>Meze Sharer</b>	£16.00
Marinated Olives, Hummus & Pitta, Tempura Vegetables, Flat Bread, Aruba Slaw & Tzatziki	
<b>Seafood Sharer</b>	£20.00
Coconut Prawns, Tuna Fishcakes, Calamari, Mussels, Anchovies, Fries, Tartare Sauce & Sweet Chilli Sauce	
<b>Aruba Beach Sharer</b>	£19.00
Duck Spring Roll, Louisiana or BBQ Chicken Wings, Chilli Cheese Fries, Mozzarella Sticks, Calamari, Artisan Bread, Aioli, Sweet Chilli & Tartare Sauces	
<b>Aruba Nachos</b>	£10.00
Corn Tortillas, Cheese Sauce, Sour Cream, Salsa, Guacamole & Jalapenos	
With Beef Chilli or Chicken Chilli £13.50 With Vegan Chilli & Vegan Cheese £13.50	
<b>Chilli Cheese Fries Sharer</b>	£10.00
Skinny Fries drenched in Beef Chilli & Cheddar Cheese or Vegan Chilli & Vegan Cheese	
<b>Cheesy Garlic Pizza</b>	£7.00
Also available with Vegan Cheese & Garlic Oil	

## BURGERS

Handpressed by our award winning local butcher.

All served in a toasted Poppy Seed Bun with sliced Lettuce,  
Red Onion & Beef Tomato with Fries or Skin on Chips  
Gluten Free burger baps available, 50p supplement

<b>Classic</b>	£12.50
100% Beef Patty, Sweet Cure Bacon, Cheddar Cheese, Relish	
<b>Texican</b>	£15.00
100% Beef Patty, Cheddar Cheese, Sweet Cure Bacon, Beef Chilli, Jalapenos & Southwest Sauce	
<b>Jamaican Sloppy</b>	£12.00
100% Beef Patty, Jamaican Sauce	
<b>Jerk Goat Burger</b>	£13.00
100% Curried Goat Patty, Spicy Aubergine Sauce	
<b>Southern Fried Chicken</b>	£13.00
Southern Fried Chicken Breast, Sweet Cure Bacon, Cheddar Cheese, Garlic Mayo	
<b>Spicy Black Bean &amp; Peanut</b>	£12.00
Fried Plantain & Southwest Sauce	

## Upgrade Your Burger

<b>Sweet Potato Fries</b>	50p
<b>Cheesy Fries</b>	£1.00
<b>Chilli Cheese Fries</b>	£2.50
<b>Double Up</b>	£4.00
Add an extra Burger Patty	

## PIZZA

Hand stretched Sourdough & stonebaked.

Gluten free pizza option available at a supplement of £1.00.   
Vegan Cheese also available.

<b>Margherita</b>	£10.00
Tomato, Mozzarella & Oregano	
<b>Caribbean</b>	£13.00
Spicy Jerk Sauce, Mozzarella, Oregano, Shredded Chicken, Spring Onion & Sweetcorn	
<b>Smokey</b>	£14.00
Tomato, Mozzarella, Oregano, BBQ Sauce, Shredded Chicken, Red Onion & Jalapenos	
<b>Meat Feast</b>	£14.50
Tomato, Mozzarella, Oregano, Pepperoni, Chorizo, Shredded Chicken, Ham & Spicy Beef	
<b>Hawaiian</b>	£13.00
Tomato, Mozzarella, Oregano, Ham & Pineapple	
<b>Goat's Cheese</b>	£13.50
Tomato, Mozzarella, Oregano, Goat's Cheese, Red Onion & Rocket	
<b>Torino</b>	£13.00
Tomato, Mozzarella, Oregano, Ham & Mushroom	
<b>Italian Job</b>	£15.00
Tomato, Mozzarella, Oregano, Italian Cured Ham, Rocket, Parmesan Cheese & Marinated Olives	
<b>Veggie</b>	£12.50
Tomato, Mozzarella, Oregano, Artichoke, Peppers, Red Onion, Sweetcorn & Marinated Olives	
<b>Diavolo</b>	£13.50
Tomato, Mozzarella, Oregano, Spicy Beef, Pepperoni, Red Onion & Fresh Chillies	
<b>Pescatore</b>	£14.00
Tomato, Mozzarella, Oregano, Tuna & Prawns	
<b>½ Pizza &amp; Salad</b>	£12.00
Choose any of the pizzas above with a house salad on the side	
Extra toppings available at a cost per topping of	£1.50
<b>SALADS</b>	
<b>Classic Caesar Salad</b>	£8.00
Baby Gem, Bacon, Anchovies, Parmesan, Croutons & Caesar Dressing	
<b>Summer Salad</b>	£8.50
Cool Summer Greens Salad	
<b>Raw Bowl</b>	£9.00
Mushrooms, Spinach, Okra, Tomatoes, Black Beans, Chilli, Avocado Mash & Naan Bread	
<b>Tortilla Salad</b>	£9.00
Tortilla Chips, Avocado, Red Onion, Tomatoes, Red Chillies, Lime Juice & Coriander	
<b>Upgrade Your Salad</b>	
<b>Hanger Steak</b>	£8.00
Best served Medium Rare	
<b>Chicken Breast</b>	£5.00
Jerk, Plain or Southern Fried	
<b>Salmon Fillet</b>	£7.00
Jerk or Plain	
<b>Stir-fried Prawns</b>	£6.00

## FROM THE GRILL

<b>Jerk Chicken</b>	£16.00
½ Boneless Chicken served on the thigh bone. Marinated in our Signature Jerk Flavours.	
<b>Rack of Ribs</b>	Half £15.00   Full £19.00
In Rum Marinade	
<b>Grilled Salmon</b>	£16.00
<b>Hanger Steak</b>	£14.50
Best served Medium Rare	

## FROM THE STOVE & OVEN

<b>Mussels</b>	£17.00
Marinere Style or Creole Style served with Skinny Fries or Artisan Bread	
<b>Southern Fried Chicken</b>	£16.00
½ Boneless Chicken, served on the thigh bone. Coated in our own recipe Southern Style Breading, with Fries, Aruba Slaw & Southwest Sauce	
<b>Fish &amp; Chips</b>	£14.00
A Sustainable Fillet of Fresh Haddock in our Local Real Ale Batter with Skin on Chips, Proper Mushy Peas & Tartare Sauce	
<b>Aruba Noodles</b>	£10.00
Stir Fried Chow Mein Egg Noodles Cooked with Soy, Sake, Sesame, Chilli, Mixed Vegetables & Beansprouts	
Chicken £13.00   Prawn £14.00	
<b>Mac &amp; Cheese</b>	
Our Delicious Mac & Cheese dished up however you like, served with a Dressed House Salad or Skinny Fries	
<b>Classic</b>	£10.00
Topped with Sliced Tomato & Cheese	
<b>Tuna &amp; Prawn</b>	£14.00
Flaked Tuna & Prawns	
<b>Dirty</b>	£15.00
Chopped Bacon, Mozzarella Sticks & BBQ Sauce	

## CHOOSE YOUR FRIES

<b>Skin on Chips</b>	£3.50
<b>French Fries</b>	£3.50
<b>Cheesy French Fries</b>	£4.50
<b>Sweet Potato Fries</b>	£4.00
<b>Chilli Cheese Fries</b>	£4.50
Either Beef Chilli, Chicken Chilli or Vegan Chilli & Vegan Cheese	
<b>Cajun Spice Seasoning</b>	25p

For tables of 8 or more a discretionary 12.5% service charge will be applied

For any allergy information including nut  
allergies, please ask your server.

Vegetarian | Vegan   
Gluten Free | Contains Spices