

Always Fresh
A Fusion of all your Favourite
Dishes in One Place

APPETISERS

Bread & Olives	5.00
Extra Virgin Olive & Aged Balsamic Vinegar, Rosemary & Sea Salt	
Toasted Pitta	4.00
Chickpea Hummus with Olive Oil & Fresh Herbs	

STARTERS

Coconut Prawns	8.00
With Oriental Salad & Reggae-Reggae Sauce	
Duck Spring Rolls	8.50
With sautéed Bok Choy & Sweet Chilli Sauce	
Nachos	6.00
Corn Tortillas, Cheese Sauce, Salsa, Sour Cream, Guacamole & Jalapeños	
Add Beef Chilli 3.50 or our New Vegan Chilli & Vegan Cheese 3.50	
Calamari	7.00
Salt & Pepper with Oriental Dipping Sauce	
Chicken Wings	
Coated in Louisiana Hot Sauce or BBQ Sauce served with Aioli	
x6 6.00 x12 11.00 x18 15.50	
Tempura Vegetables	6.50
With Mixed Leaf & Garlic Aioli	
Satay Chicken Skewers	8.00
Stir-fried Vegetables & Satay Sauce	

SIDES

Aruba Slaw	3.50
Rice & Black Beans	4.00
Stir Fried Vegetables	4.00
Onion Rings	4.00
House Salad	4.50

SHARERS

Aruba's Jerk Tacos	12.00
Soft Flour Tortillas filled with Aruba recipe Jerk Chicken, Lettuce & Red Onion. Topped with Jerk Sauce, Sour Cream, Spring Onions & Coriander	
Aruba Fish Tacos	13.00
Soft Flour Tortillas filled with Haddock, Lettuce & Red Onion. Topped with Sour Cream, Spring Onions & Coriander	
Meze Sharer	16.00
Marinated Olives, Hummus & Pitta, Tempura Vegetables, Flat Bread, Aruba Slaw & Tzatziki	
Aruba Nachos	10.00
Corn Tortillas, Cheese Sauce, Sour Cream, Salsa, Guacamole & Jalapeños	
With Beef Chilli 13.50 With Vegan Chilli & Vegan Cheese 13.50	
Chilli Cheese Fries Sharer	10.00
Skinny Fries drenched in Beef Chilli & Cheddar Cheese or Vegan Chilli & Vegan Cheese	
Cheesy Garlic Pizza	7.00
Also available with Vegan Cheese & Garlic Oil	

BURGERS

Handpressed by our award winning local butcher.

All served in a toasted Poppy Seed Bun with sliced Lettuce, Red Onion & Beef Tomato with Fries or Skin on Chips	
Gluten Free burger baps available, 50p supplement.	
Classic	12.50
100% Beef Patty, Sweet Cure Bacon, Cheddar Cheese, Relish	
Texican	15.00
100% Beef Patty, Cheddar Cheese, Sweet Cure Bacon, Beef Chilli, Jalapeños & Southwest Sauce	
Southern Fried Chicken	13.00
Southern Fried Chicken Breast, Sweet Cure Bacon, Cheddar Cheese, Garlic Mayo	
Spicy Black Bean & Peanut	12.00
Fried Plantain & Southwest Sauce	

Upgrade Your Burger

Sweet Potato Fries	50p
Cheesy Fries	1.00
Chilli Cheese Fries	2.50
Double Up	4.00
Add an extra Burger Patty	

PIZZA

Hand stretched Sourdough & stonebaked.

Gluten free pizza option available at a supplement of 1.00.
Vegan Cheese also available.

Margherita	10.00
Tomato, Mozzarella & Oregano	
Goat's Cheese	13.50
Tomato, Mozzarella, Oregano, Goat's Cheese, Caramelised Red Onion & Rocket	
Torino	13.00
Tomato, Mozzarella, Oregano, Ham & Mushroom	
Italian Job	15.00
Tomato, Mozzarella, Oregano, Italian Cured Ham, Rocket, Parmesan Cheese & Marinated Olives	
Veggie	12.50
Tomato, Mozzarella, Oregano, Artichoke, Peppers, Red Onion, Sweetcorn & Marinated Olives	
Diavolo	13.50
Tomato, Mozzarella, Oregano, Spicy Beef, Pepperoni, Red Onion & Fresh Chillies	
½ Pizza & Salad	12.00
Choose any of the pizzas above with a house salad on the side	
Extra toppings available at a cost per topping of	1.50

SALADS

Classic Caesar Salad	8.00
Baby Gem, Bacon, Anchovies, Parmesan, Croutons & Caesar Dressing	
Summer Salad	8.50
Cool Summer Greens Salad	
Raw Bowl	9.00
Mushrooms, Spinach, Okra, Carrot, Celery, Tomatoes, Black Beans, Chilli, Guacamole & Roti Bread	
Tortilla Salad	9.00
Tortilla Chips, Avocado, Red Onion, Tomatoes, Red Chillies, Lime Juice & Coriander	

Upgrade Your Salad

Chicken Breast	5.00
Jerik, Plain or Southern Fried	
Salmon Fillet	7.00
Jerik or Plain	

MAINS

Jerk Chicken	16.00
½ Boneless Chicken served on the thigh bone. Marinated in our Signature Jerk Flavours. Served with Rice & Beans	
Sirloin Steak	19.50
Served with Fries or Rice & Beans, Corn on the Cob & Salad	
Grilled Salmon	16.00
Served with Fries or Rice & Beans, Corn on the Cob & Salad	
Mussels	17.00
Marinere Style served with Skinny Fries	
Southern Fried Chicken	16.00
½ Boneless Chicken, served on the thigh bone. Coated in our own recipe Southern Style Breading, with Fries, Aruba Slaw & Southwest Sauce	
Fish & Chips	14.50
A Sustainable Fillet of Fresh Haddock in our Local Real Ale Batter with Skin on Chips, Proper Musty Peas & Tartare Sauce	
Aruba Noodles	10.00
Stir Fried Chow Mein Egg Noodles Cooked with Soy, Sake, Sesame, Chilli, Mixed Vegetables & Beansprouts	
Chicken 13.00	
Mac & Cheese	10.00
Our Delicious Mac & Cheese dished up however you like, served with a Dressed House Salad or Skinny Fries	

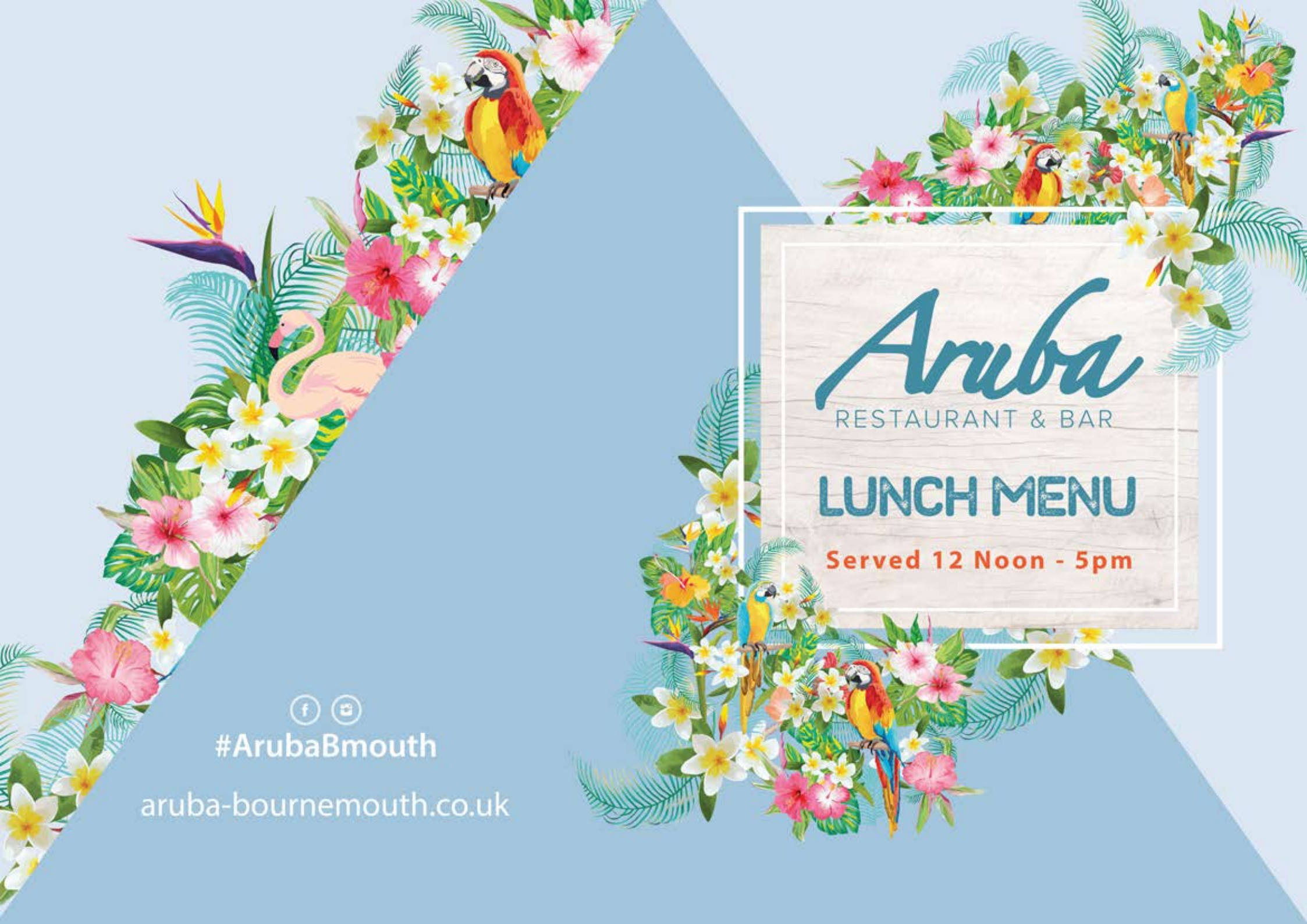
CHOOSE YOUR FRIES

Skin on Chips	3.50
French Fries	3.50
Cheesy French Fries	4.50
Sweet Potato Fries	4.00
Chilli Cheese Fries	4.50
Either Beef Chilli or Vegan Chilli & Vegan Cheese	
Cajun Spice Seasoning	25p

For tables of 8 or more a discretionary 12.5% service charge will be applied

For any allergy information including nut allergies, please ask your server.

Vegetarian | Vegan
Gluten Free | Contains Spices



Aruba
RESTAURANT & BAR
LUNCH MENU
Served 12 Noon - 5pm



#ArubaBmouth

aruba-bournemouth.co.uk